For more information contact

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Parenting Support Program

The Parenting Support Program (PSP) is a home visiting program designed to meet the unique educational and support needs of pregnant and parenting adults with intellectual, developmental, and other disabilities with children up to kindergarten or 5 years of age.

Special Focus

PSP is a DC Health funded program that focuses on the provision of:

- Personal visits within the home and/or community settings;
- Parent and child screenings on growth and development (ASQ3 & ASQ:SE2), health, mental health and wellbeing;
- Individualized education and safety plans using PAT materials and resources and the Health & Wellness Curriculum for At Risk Families (Tymchuk);
- Health information based on parent need including, but not limited to:
  - Breast feeding
  - Smoking cessation
  - Well-child doctor visits
- Referrals to community resources

Special Program Features

The Parenting Support Program is the singular home visiting program in the District of Columbia that centers its efforts on parents with disabilities and assists parents by:

- Partnering with them to set goals that are important to and for the family,
- Tailoring the number of monthly personal visits based upon the preferences and needs of the parent and family,
- Making educational, health, and wellness information accessible and understandable to families,
- Using accessible follow-up materials and activities to support parents in their skill development and in advancing and sustaining their children’s growth and development
- Providing real-time, on-the-ground support in navigating health, education, and social service systems affecting themselves and their children.

Parents enrolled in the PSP may continue to participate in their current Waiver, and non-DC Health funded community-based programs. PSP staff are highly skilled in collaboration and coordinate services with all community partners.

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